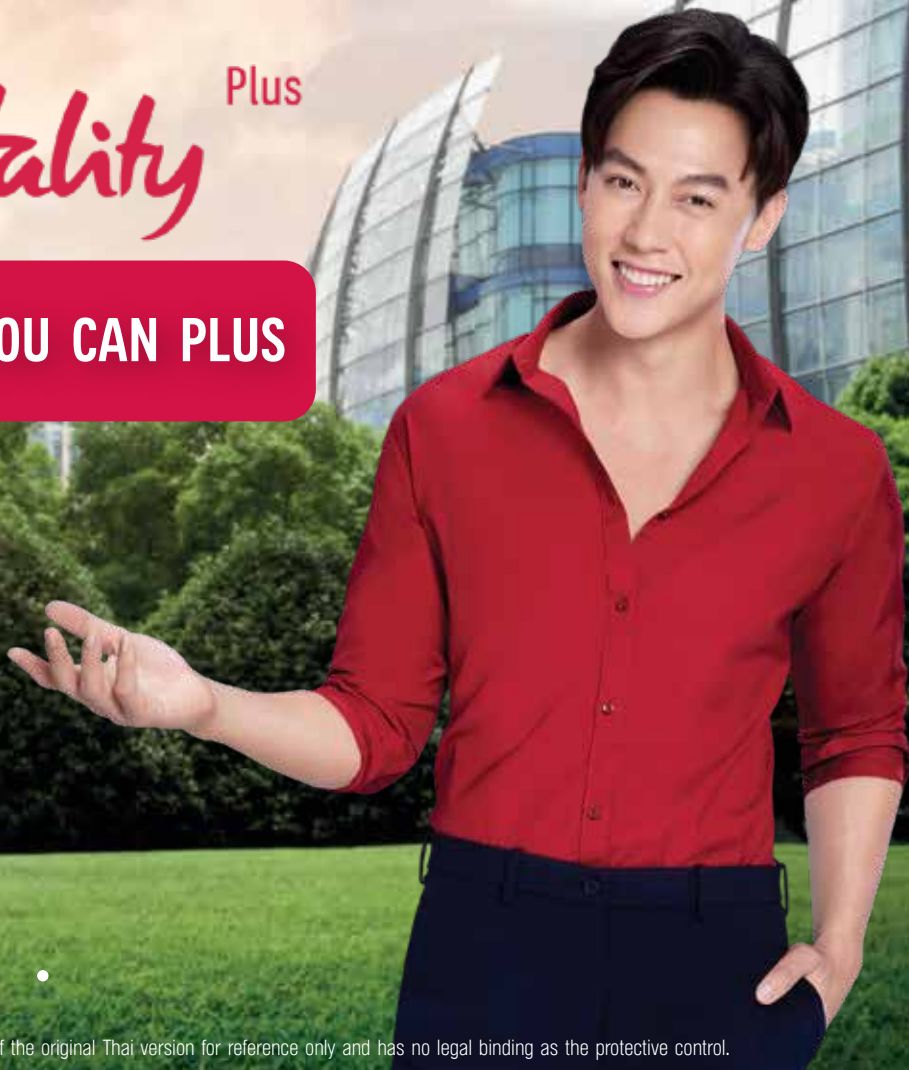


AIA Vitality^{Plus}

THE HEALTHINESS YOU CAN PLUS



Important Note: The English version is unofficial translation of the original Thai version for reference only and has no legal binding as the protective control.

AIA VITALITY

GET REWARDED FOR LIVING A HEALTHIER LIFESTYLE.

AIA Vitality is undoubtedly a shift
in mindset for life insurance:

- It's **active**, rather than passive, in that it empowers and encourages people to manage and change their risk level over time, then share the value of that reduced risk.
- AIA Vitality builds wellness community which will support AIA Vitality members to be **physically** and **mentally** healthy.
- AIA Vitality offers **premium discounts**, and **rewards** from partners for healthy living.

AIA Vitality is an innovative insurance
and wellness programme that puts people in control
of their health, motivating them to make healthier
choices so they get more out of life.



AIA VITALITY



There are 2 types of AIA Vitality Membership

AIA Vitality

AIA Vitality Plus

Join AIA Vitality Plus
to plus your benefits and rewards

AIA Vitality

- AIA Vitality Premium Discount
- AIA Vitality Core Benefits
- Free of charge

AIA Vitality Plus

- AIA Vitality Premium Discount
- AIA Vitality Core and Exclusive Benefits from AIA Vitality partners
- AIA Vitality Active Challenge
- AIA Vitality Plus Premium is only 1,400 THB / membership year

AIA VITALITY PLUS BENEFITS

16 Upfront Premium Discount up to 15%

Status Flexing Discount Renewal
Premium Discount **up to 25%**



5 Health check Free 3 Basic Health Check and receive THB 50 Boots e-voucher



Health Check Network Discounted Package



Free Vision Screening
Discount up to 20% for glasses
frames, sunglasses and lens



6 Plus Health check Rewards

Receive cashback up to
1,200 THB

for getting basic or advance health
screening, sleep test, eye check-up,
nutrition consultation and vaccination

via TrueMoney top-up code:
Bronze 200 THB, Silver 300 THB,
Gold 400 THB and Platinum 600 THB
per time, 2 times/membership year.



7 Active Rewards Plus



Achieve exercise point challenge
every 2 weeks to receive
lifestyle rewards

30 Plus AIA Vitality Virtual Run 100 THB Discount on entry fee

9 Fitness Devices & Healthy Gear



fitbit Discount **up to 30%**

GARMIN Discount **up to 30%**

SUUNTO Discount **up to 15%**

Discount **up to 25%**

Remark: Discount on selected items

11 Plus Fitness

Discount and status-based
cashback on gym membership
fee **up to 50%** and
Free Fitness Test
(one time per year)

F Fitness first

Virginia active

CELEBRITY FITNESS

ABSolute FITNESS CLUB



13 Healthy Food 15% off



Purchase participating healthy food
i.e. fresh vegetables, fresh fruit,
low fat pasteurised milk, fresh egg,
fresh fish and unpolished rice.
Discount up to 300 THB/month

14 Plus Travel Rewards

Enjoy your hotel stay with
up to 25%

AIA Vitality Travel Rewards

Status-based discount: Bronze 10%,
Silver 15%, Gold 20%, Platinum 25%
max 4 nights/booking and limited to
4 bookings/membership year

15 Platinum Reward Plus Receive TrueMoney 800 THB



Get rewarded for achieving
Platinum status on the 60th day
after membership anniversary

31 Personal Medical Case Management

Free

For individual AIA Vitality policy holders
and Vitality member with status
Gold or Platinum

30 Air Purifier Discount up to 25%



Conditions: • More information of terms and conditions of AIA Vitality and AIA Vitality Plus benefits at AIA+ mobile application or <https://campaigns.aia.co.th/vitality/th/rewards> • AIA reserves the right to change the health activities and/or AIA Vitality Points structure including partner benefits at any time with notice of changes 1 month of advance • AIA Vitality Plus members must be effective on the date of receiving the benefits and/or status-based cash back and the value of benefits and/or status-based cash back will be calculated on the health check date, booking hotel date, gym benefit or membership year for Platinum reward • Eligibility to use the personal medical case management service benefit (Medix) shall be in accordance with the conditions set out by Medix. Medix is an independent non-affiliated third-party company of AIA Group. AIA does not manage Medix and shall not be responsible or liable for any services, products, or solicitation efforts made by Medix.

Wellness Program:

AIA Vitality is a health and wellness program that helps people get more out of life.

The more points you earn, the higher your status is, the more benefits¹ you can enjoy



Boots

Get **free basic health check** for BMI, blood pressure and random glucose at participating Boots stores and receive THB 50 Boots e-voucher.



Discounted Packages at Health Check Network

Discounted health check packages at 70 hospitals nationwide.²



Better Vision

Get **Free vision screening** and receive up to **20% off** Discount applies to glasses frames, sunglasses and lens at all branches.

Personal Medical Case Management³ Free

Exclusively for AIA Vitality members holding AIA Vitality integrated policy with Gold or Platinum status to access to the world's leading specialists who will ensure that you will receive the best possible care.

Remark :

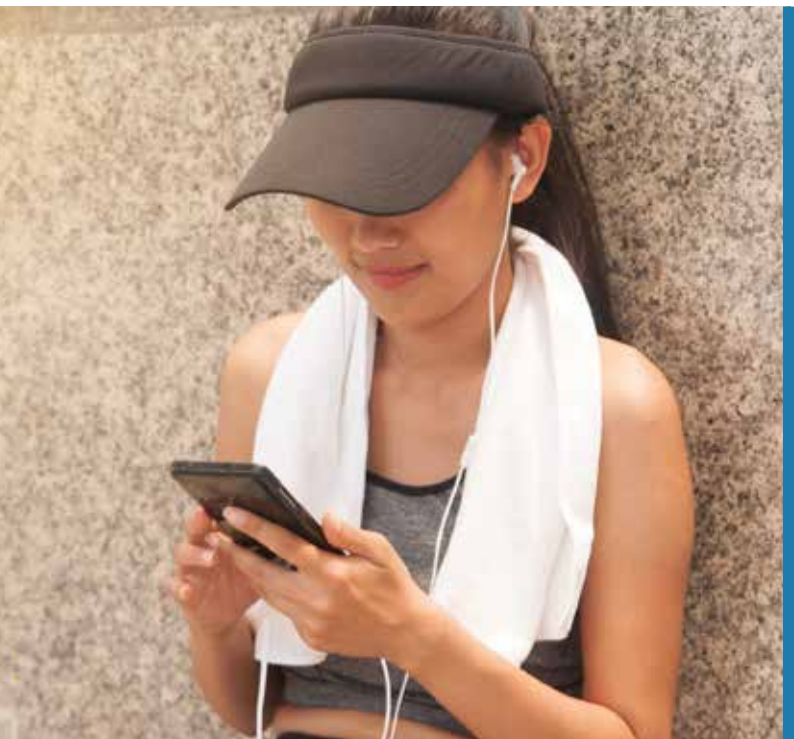
- AIA Vitality Terms and Conditions Apply. Customer can visit AIA+ application or <https://campaigns.aia.co.th/vitality/en/rewards> for more information
 - AIA reserves the right to change partner benefits at any time with notice of changes at least 30 days in advance
- Price does not include OPD, medical treatment and consultation.
- Eligibility to use the personal medical case management service benefit (Medix) shall be in accordance with the conditions set out by Medix. Medix is an independent non-affiliated third-party company of AIA Group. AIA does not manage Medix and shall not be responsible or liable for any services, products, or solicitation efforts made by Medix. AIA Vitality members holding AIA Vitality integrated policy with Gold or Platinum status, receive "Personal Medical Case Management" consultation by Medix for 3 types of diseases including Cancer or suspected Cancer, Cardiovascular diseases and On-going Orthopaedic diseases experienced during a period of at least 90 days

Wellness Program:

AIA Vitality is a health and wellness program that helps people get more out of life.

AIA Vitality Plus

Enjoy status-based rewards



Health Check Rewards

..... AIA Vitality Plus member can earn status-based cashback for getting basic or advance health screening, sleep test, eye check-up by optometrist or ophthalmologist, vaccination, or nutrition consultation up to 2 times per membership year by submitting the receipts of their health check or vaccination, issued by clinic or hospital. Cash back will be calculated according to status of members on the activity date:

Bronze 200 THB, Silver 300 THB, Gold 400 THB and Platinum 600 THB per time. 2 times/membership year.

The cashback is calculated based on the Vitality status on the date receiving the health check-up or vaccination but not exceeding the service fee according to the conditions of rewards per receipt.

Remark :

- AIA Vitality Terms and Conditions Apply. Customer can visit AIA+ application or <https://campaigns.aia.co.th/vitality/en/rewards> for more information
- AIA reserves the right to change partner benefits at any time with notice of changes at least 30 days in advance



AIA Vitality Plus

AIA VITALITY ACTIVE CHALLENGE

Active Challenge is an enjoyable motivation of AIA Vitality Plus to encourage AIA Vitality Plus members to engage in health promotion. The members will be rewarded.

This would help engaging members in long-term, as Active Challenge is a short-term goal cycle which would encourage possibility in long-term commitment.

Active Challenge



AIA Vitality Plus members will receive a bi-weekly challenge (26 rounds per membership year)



Achieve exercise point challenge

Active Rewards



Get rewarded for every round of achievement, minimum of 50 bath per round

AIA Vitality Plus

How to achieve AIA Vitality Active Challenge?

Follow the steps below to join the fun

1. **Link your health application/tracker** with AIA Vitality via AIA+ application. On your dashboard, go to “Workout Tracker” and follow the steps.
2. **Workout and sync your** workout to AIA Vitality via AIA+ application.
 - 2.1 Prefer to walk, **jog or run** – Try health application or tracker for step-counts or a tracker for a heart rate monitor.
 - 2.2 Prefer to **cycle** – Try a tracker with GPS and heart rate monitor.
 - 2.3 Prefer to **swim** – Try a waterproof tracker for a heart rate monitor.
 - 2.4 Prefer to **workout at home** – Either light workout or standard workout, try a tracker for a heart rate monitor
 - 2.5 Prefer to **workout at gym** – Link your Vitality membership with AIA Vitality gym partners to get exercise points daily. Points during holidays will be allocated the next working day.
3. **Achieve bi-weekly challenge**, you'll be rewarded. On your AIA Vitality dashboard, go to “use vouchers”, please redeem your e-voucher within 30 days after you get rewarded.



Wellness Program:

AIA Vitality is a health and wellness program that helps people get more out of life.

Enjoy discounts on Fitness Devices.
Use your Device and application
to improve your healthy activities



----- **Fitbit**

Up to 30% off

Purchase through AIA+ application

GARMIN.

----- **Garmin**

Up to 30% off

Purchase through AIA+ application

SUUNTO

----- **Suunto**

Up to 15% off

Purchase through AIA+ application

Remark:

- AIA Vitality Terms and Conditions Apply. Customer can visit AIA+ application or <https://campaigns.aia.co.th/vitality/en/rewards> for more information
- AIA reserves the right to change partner benefits at any time with notice of changes at least 30 days in advance



Wellness Program:

AIA Vitality is a health and wellness program that helps people get more out of life. Members can also enjoy many partner benefits.



... Supersports Online Up to 25% discount

on selected products and Healthy Gears

- This discount code is only applicable with the top Supersports brands: SKECHERS, CROCS, FILA, NEW BALANCE and SPEEDO on this link: <https://bit.ly/3jeDpPP>
- This discount code unlimited order/user throughout the month but limited to 1,000 rights/month.
- This coupon can be used the minimum spending of 1,500 Baht.
- This coupon can be used a 1 code/order.



Remark :

- AIA Vitality Terms and Conditions Apply. Customer can visit AIA+ application or <https://campaigns.aia.co.th/vitality/en/rewards> for more information
- AIA reserves the right to change partner benefits at any time with notice of changes at least 30 days in advance

Wellness Program:

AIA Vitality is a health and wellness program that helps people get more out of life.



- Enjoy 30% discount on gym membership and status-based cashback² up to 20% (Silver 10%, Gold 15%, Platinum 20%)



- Weekend Privilege: Enjoy 50% discount on gym membership (available at Fitness First only)



Full Access: Enjoy 10% discount on gym membership and status-based cashback² up to 30% (Silver 10%, Gold 20%, Platinum 30%)



- Enjoy 30% discount on gym membership and status-based cashback² up to 20% (Silver 10%, Gold 15%, Platinum 20%)



- Enjoy 40% discount on gym membership and status-based cashback² up to 10% (Silver, Gold, Platinum 10%)

AIA Vitality Plus

Join AIA Vitality's gym partners to achieve your exercise goal and save up to 50% of membership fee¹

Enjoy Fitness Explorer Test for FREE at participating fitness partners. (even if you are not a fitness member)
By making appointment via AIA+ application.



Remark:

1. ● AIA Vitality Terms and Conditions Apply. Customer can visit AIA+ application or <https://campaigns.aia.co.th/vitality/en/rewards> for more information
● AIA reserves the right to change partner benefits at any time with notice of changes at least 30 days in advance
2. Monthly cashback will be calculated based on AIA Vitality status as at the 25th of the eligible month (or the next operating day)

Wellness Program:

AIA Vitality is a health and wellness program that helps people get more out of life.



----- Enjoy 30% discount on gym



----- Weekend Privilege: Enjoy 50% discount on gym membership (available at Fitness First only)



Full Access: Enjoy 10% discount on gym membership



----- Enjoy 30% discount on gym membership



----- Enjoy 40% discount on gym membership

AIA Vitality

Join AIA Vitality's gym partners to achieve your exercise goal

Enjoy Fitness Explorer Test for FREE at participating fitness partners. (even if you are not a fitness member)
By making appointment via AIA+ application.



Remark:

- AIA Vitality Terms and Conditions Apply. Customer can visit AIA+ application or <https://campaigns.aia.co.th/vitality/en/rewards> for more information
- AIA reserves the right to change partner benefits at any time with notice of changes at least 30 days in advance

Wellness Program:

AIA Vitality is a health and wellness program that helps people get more out of life.



----- **15%** discount on Healthy Foods
i.e. fresh fruit and vegetables,
low-fat pasteurised milk, fresh eggs,
fresh fish and unpolished rice.

Remark:

- AIA Vitality Terms and Conditions Apply. Customer can visit AIA+ application or <https://campaigns.aia.co.th/vitality/en/rewards> for more information
 - AIA reserves the right to change partner benefits at any time with notice of changes at least 30 days in advance
- Earn 1 Vitality point from every 5 Baht spent before discount on participating products. The maximum Vitality points you can earn per month is 400 Vitality points. You can earn up to 4,800 Vitality points per membership year.

Healthy Food² Benefits¹



Wellness Program:

AIA Vitality is a health and wellness program that helps people get more out of life.

AIA Vitality Plus

Enjoy status-based rewards



AIA Vitality Travel Rewards

----- Status-based discount on accommodation:
Bronze **10%**, Silver **15%**, Gold **20%**
and Platinum **25%**
Up to 4 nights per booking with maximum
4 bookings per membership year.

Remark:

- AIA Vitality Terms and Conditions Apply. Customer can visit AIA+ application or <https://campaigns.aia.co.th/vitality/en/rewards> for more information
- AIA reserves the right to change partner benefits at any time with notice of changes at least 30 days in advance
- The AIA Vitality Travel Reward can be used for making a booking with a hotel or travel agency website/application for a standard room (excluding executive rooms, suites and villas) for 1 room
- Cashback will only apply to a maximum of 4 nights for 1 standard room for 4 booking. If your stay is more than 4 nights or your booking is for more than 1 room, the cashback will be calculated from the nights with the highest fees for 1 room.
- Your status-based cashback will be calculated from the Vitality status on the date of booking, not the date of stay or request for cashback) excluding hotel taxes, service charges, any other incidental/administrative fees, and any extra costs from booking modification.
- You must book at least 7 days in advance before check-in to be eligible for this benefit.

AIA Vitality Plus

Wellness Program:

AIA Vitality is a health and wellness program that helps people get more out of life.

Enjoy your status-based benefits¹



Receive a TrueMoney²

800 baht top-up code

for achieving **PLATINUM** status

Remark:

- AIA Vitality Terms and Conditions Apply. Customer can visit AIA+ application or <https://campaigns.aia.co.th/vitality/en/rewards> for more information
- AIA reserves the right to change partner benefits at any time with notice of changes at least 30 days in advance
2. Get a TrueMoney 800 baht top-up code on day 60 after the next membership anniversary date

AIA VITALITY PROTECTION

AIA Vitality Protection	Basic Plan	Min SA	Riders / Rider endorsement Type 1	Min SA	Riders Type 2	Min SA
Vitality-Integrated Products	ALP 70 ALP 80	500,000 baht and above	AHC CIP MPCI	300,000 baht and above	HBX HSX HEALTH HAPPY INFINITE CARE HEALTH PLUS*	ANY PLAN
			CI TOP UP	120,000 baht and above		
Upfront Premium Discount		10%		5%		0%
Extra Upfront Premium Discount (Apply to only new policy)		additional 5% extra upfront premium discount for purchasing at least 3 integrated products in one insurance policy				
Maximum status premium Discount (Renewal Year)		25%		25%		15%

Riders/Rider endorsement could be attached to any basic plan that allows riders attachment. (except basic plans that don't allow rider attachment and with less than 10 years coverage term)

Conditions:

1. Discount applied to Standard Premium of integrated products with the minimum sum assured as specified in the table above only.
(excluding premium loading from health conditions and/or occupation).
2. Maximum Status Premium Discount is 15% or 25% as specified in the table above.
3. HSX and Infinite Care refer to rider AIA H&S Extra (new standard) and AIA Infinite Care (new standard) respectively.

*For insured member under AIA group insurance policy with health rider only, the member's status must be in-force as of the application submission date.

Update as of 1 Aug 2022

AIA Vitality Premium Discount

Upfront discount

Customer will receive upfront premium discount when purchase new AIA Vitality policy which is only applicable to AIA Vitality integrated products (page 16). The percentage upfront premium discount will be given to 1st year premium and is only applicable to AIA Vitality policy based on standard life.

EXAMPLE: 45-YEAR-OLD MALE WITH STANDARD HEALTH

PRODUCT	AIA VITALITY INTEGRATED PRODUCT	SUM ASSURED (BAHT)	STANDARD ANNUAL PREMIUM (BAHT)	DISCOUNT		STANDARD ANNUAL PREMIUM AFTER DISCOUNT (BAHT)	EXTRA PREMIUM DUE TO LOADING (BAHT)	ANNUAL PREMIUM (BAHT)	FIRST YEAR PREMIUM (BAHT)
				UPFRONT PREMIUM DISCOUNT (%)	EXTRA UPFRONT PREMIUM DISCOUNT (%)				
AIA Life Protector 80 (Non Par)	Participate	1,000,000.00	21,850.00	10%	5%	18,572.50	0.00	18,572.50	18,572.50
Rider AIA Health Happy (Plan 2)	Participate	5,000,000.00	23,800.00	0%	5%	22,610.00	0.00	22,610.00	22,610.00
Rider AIA HB Extra	Participate	1,000.00	2,500.00	0%	5%	2,375.00	0.00	2,375.00	2,375.00
			48,150.00			43,557.50		43,557.50	43,557.50

AIA Vitality Premium Discount

1. Upfront Premium Discount for 1st year Policy (Page 16)

2. Renewal Premium Discount Adjustment

From the second year onwards, your Vitality premium discount could increase if you earn Vitality Points from healthy activities and achieve **GOLD** or **PLATINUM** Vitality Status at the time of renewal, you can receive up to 25% discount on your premium

The maximum insurance premium discount is 25% and the minimum premium discount is 0%. Even at a 0% discount, you'll never pay more than a non-AIA Vitality member would pay.



Important

- Upfront premium discount is only applicable to Vitality policy based on standard life and will not be applicable on any extra premiums due to loading.
 - Extra upfront premium discount is only applicable to new Vitality policy based on standard life and will not be applicable on any extra premiums due to loading.
 - For each subsequent policy year, the premium discount may increase or decrease depending on your Vitality Status at the time of the policy anniversary date.
- If you attained a higher Vitality Status after billing notice has been issued, AIA will reimburse the difference after premium has been made.

AIA Vitality Premium Discount:

AIA Vitality is a health and wellness program that helps people get more out of life.

- **The Upfront Discount** will be given on 1st year Standard Premium. The discount rate depends on selected integrated products
- For **renewal years**, the discount rate will be adjusted annually reflecting your AIA Vitality status:

STATUS FLEXING DISCOUNT (RENEWAL PREMIUM DISCOUNT)



$$\text{Status Flexing Discount} = \text{Latest Discount Rate} + \text{Flexing Discount Rate}$$

EARN POINTS TO UPGRADE AIA VITALITY STATUS

My AIA Vitality Membership Anniversary Date : DD / MM / YYYY

Assessments

Points per
membership year

Online Assessments

		1 st Time (6 months apart)	2 nd Time
How Active Are You?	1,000	500	500
How Well Are You Eating? ¹	1,000	500	500
How Healthy Are You?	1,000	500	500
How Stress Are You?	1,000	500	500
Quit Smoking	1,000	500	500
How Well Are You Sleeping?	500	250	250

Face to Face

Nutritionist Consultation ¹	2,000	1,000	1,000
AIA Vitality Fitness Assessment	750 + 750		
Health Check – Body Mass Index (healthy range 18.5-24.9)	750 + 750		
Health Check – Blood Pressure (healthy range <130/85)	750 + 750		
Health Check – Glucose (healthy range <100)	750 + 750		
Health Check – Cholesterol (healthy range <200)	750 + 750		
(÷750 points if result is within healthy range)			
Pap Smear (F, age 21+) ²	1,000		
Mammogram (F, age 40+)	1,000		
Prostate-Specific Antigen (M, age 50+)	1,000		
Fecal Occult Blood Test (age 45+)	1,000		
HIV Test	1,000		
Dental Check	1,000		
Eye Check Up	500		
Flu Vaccination	1,000		
Covid 19 Vaccination	1,000		
Hepatitis B Vaccination ³	1,000		
HPV Vaccination (F, age 18-26) ³	1,000		
Blood Donation	200	100	100

¹Earn up to 2,500 points/membership year for completing all online nutrition assessments and nutritionist consultations. ²Earn 1,000 Vitality Points for 3 consecutive membership years. ³Once per life.⁴Your Apple Watch needs to connect with 3rd party apps; Pillow, Sleep++ or Sleep Watch.

Physical Activities

Points per
membership year

Physical Activities

15,000

Earn Vitality Points for one physical activity with the highest point each day from (1) Workout by linking fitness device or app (up to 100 points/day) or (2) Partner Gyms visit (up to 100 points/day of visit) or (3) Online exercise with gym partner (up to 50 points/day of attendance, up to 6,300 points/ membership year) or (4) Fitness events e.g. marathon (up to 1,500 points/day)

Healthy Food

Purchase fresh vegetables, fresh fruits,
low fat pasteurized milk, fresh egg,
fresh fish, or unpolished rice
from programme partner.

Earn 1 point from every
5 Baht spent before discount
(up to 400 points/month)
+ 15% discount
(up to 300 Baht discount/month)

400	Jan	400	May	400	Sep
400	Feb	400	Jun	400	Oct
400	Mar	400	Jul	400	Nov
400	Apr	400	Aug	400	Dec

Challenges

Personalized Challenges

Personalised challenge recommended by the programme
such as exercising 30 mins/day and 3 days/week for 13 weeks
and receive 1,000 points if achieve this challenge. Up to 5,500

Self-challenges

Self accepted challenge i.e., 5-day workout challenge, 5 km challenge, Digital detox your dinnertime,
raise a glass to moderation, say no to sugar
(50 points/Challenge, up to 500 points/membership year) Up to 500

Sleep

Sleep Tracking 1,830 5 points per night
(Sleep 7 hours daily and track your sleep with Fitbit, Garmin, Apple Watch⁴ or Samsung Watch)

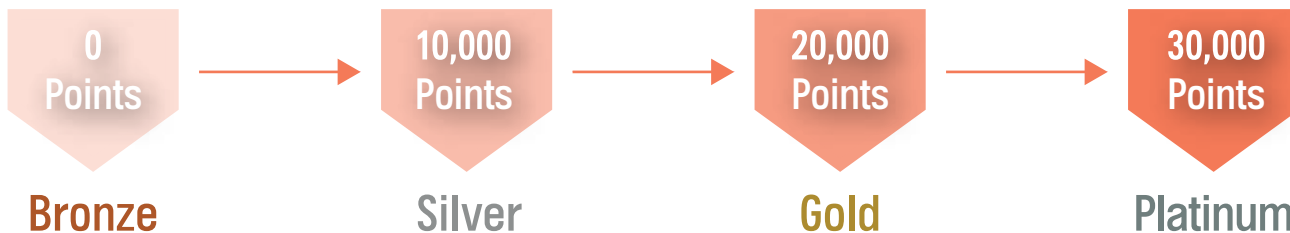
Special Activities

Special Activities

Special activities related to AIA Vitality program 500

AIA Vitality Points and Status

MORE POINTS = HIGHER STATUS = MORE BENEFITS!



WHEN YOU BECOME AN AIA VITALITY MEMBER, YOU CAN COLLECT VITALITY POINTS VIA AIA+ MOBILE APPLICATION

AND EARN THE GREATER REWARDS



Health



Active



Lifestyle



**Insurance Premium
Discount**

Earn up to 5,500 Vitality points/membership year from Online Assessments

Know Your Health

Complete Online Assessments and earn up to 5,500 Vitality points/membership year from 6 online assessments including;

1. How active are you?

Earn up to 1,000 Vitality points / membership year
(Earn 500 Points/completion, twice a year, six months apart.)



2. How well are you eating?

Earn up to 1,000 Vitality points / membership year
(Earn 500 Points/completion, twice a year, six months apart.)



3. How healthy are you?

Earn up to 1,000 Vitality points / membership year
(Earn 500 Points/completion, twice a year, six months apart.)



4. How stressed are you?

Earn up to 1,000 Vitality points / membership year
(Earn 500 Points/completion, twice a year, six months apart.)



5. Non-Smoker's Declaration

Earn up to 1,000 Vitality points / membership year
(Earn 500 Points/completion, twice a year, six months apart.)



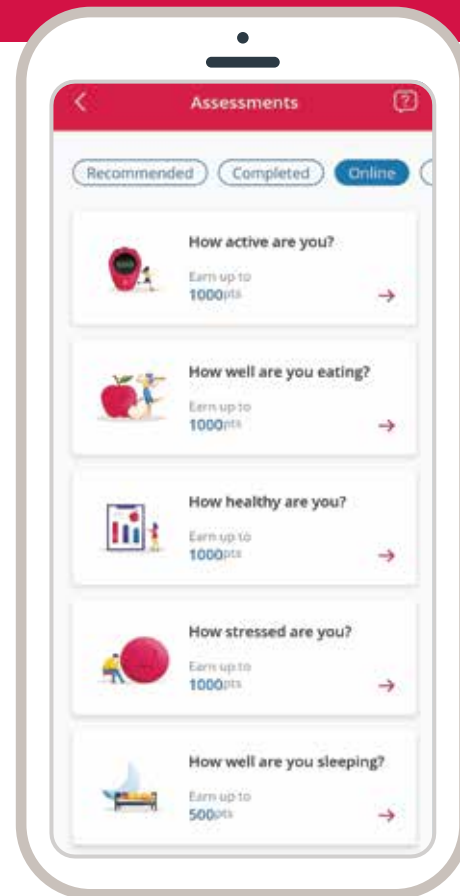
6. How well are you sleeping?

Earn up to 500 Vitality points / membership year
(Earn 250 Points/completion, twice a year, six months apart.)



Remark:

- The applicant is advised to study details of product information in prospectus. After receiving the policy, the insured is advised to study the terms and conditions of coverage in the policy.
- Please see details on how to earn AIA Vitality points on page 20



Earn up to 13,000 Vitality points per membership year from Health Check and Vaccination

Know Your Health

Nutrition Consultation

Get a comprehensive view of your dietary habits from dietitian and earn **up to 2,000 Vitality points/membership year**. Earn 1,000 points/completion, twice a year, 6 months apart. You will earn up to 2,500 points/membership year for doing both the online "How Well Are You Eating?" assessment and face-to-face consultation.

Dental Assessment

Take dental assessment annually to keep your teeth healthy and **earn 1,000 Vitality points/membership year**.

Vision Screening

Earn 500 Vitality points per membership year when submit the eye examination result via AIA+ application.

Basic Health Screening:

- ⬢ Body Mass Index (BMI)
- ⬢ Blood Pressure
- ⬢ Blood Glucose
- ⬢ Total Cholesterol

earn up to 6,000 Vitality points/membership year. Earn 750 Vitality points for each test and an additional 750 points for each result within the healthy range.

Remark:

- The applicant is advised to study details of product information in prospectus. After receiving the policy, the insured is advised to study the terms and conditions of coverage in the policy.
- Please see details on how to earn AIA Vitality points on page 20

Advanced screening

HIV Test (*all adults*)

Earn 1,000 Vitality points once per membership year

Pap Smear* (*females aged 21 or above*)

Earn 1,000 Vitality points for 3 consecutive membership years

Mammogram (*females aged 40 or above*)

Earn 1,000 Vitality points once per membership year

Prostate-Specific Antigen (PSA) Test (*males aged 50 or above*)

Earn 1,000 Vitality points once per membership year

Fecal Occult Blood Test (FOBT) (*all adults aged 45 or above*)

Earn 1,000 Vitality points once per membership year

*For pap smear, you will earn 1,000 Vitality points in the current year and the following 2 consecutive years.

Vaccination

Flu Vaccination – once per membership year

Hepatitis B Vaccination- once per life

HPV Vaccination (Female, age 18- 26) – once per life

COVID-19 Vaccination – once per membership year

Earn 1,000 AIA Vitality points per vaccination

Fitness Explorer Test

Find out how fit you are and **earn up to 1,500 Vitality points/membership year**





EXERCISE REGULARLY FOR BETTER HEALTH

Earn up to 15,000 Vitality points/membership year from various physical activities include daily steps count, working out at gym and participating fitness events such as a marathon run, a bike race. Earn up to 15,000 Vitality points/membership year from **4 main types of physical activities**.

Remark:

- AIA Vitality Terms and Conditions Apply. Customer can visit AIA+ application or <https://campaigns.aia.co.th/vitality/en/rewards> for more information
- AIA reserves the right to change partner benefits at any time with notice of changes at least 30 days in advance
- Please see details on how to earn AIA Vitality points on page 20
- Member can earn the highest maximum points member can achieve and points limited to 1 activity per day

Exercise to earn up to 15,000 Vitality points

Take Charge of Your Health

It's easy to earn points!

1. **Start earning exercise points by linking your AIA Vitality app with the health apps and fitness devices to earn up to 100 points/day.**

Mobile Application: You can link AIA Vitality with the following health application on your mobile phone via AIA+ application; Samsung Health, Apple Health, Strava, Google Fit and Huawei Health.

Fitness devices: devices (smart watches) that can link with AIA Vitality via AIA+ application for earning points i.e., Garmin, Fitbit, Apple Watch, Samsung Gear, Suunto, Huawei Watch Fit and Polar.

2. **Earn 100 points/day by Visiting Partner Gyms**

Members will earn 100 points/day when visiting our partner gyms

3. **Earn 50 points/day by join Online Partner Gym** Member will earn 50 points/day, up to 6,300 points/membership year when join Online Partner Gym

4. **Earn up to 1,500 points/day from participating in fitness events**

When you take part of an official fitness events, such as road running, cycling, triathlons and other physical activities. You can submit your results to earn up to 1,500 Vitality points per day from organized fitness events through the AIA+ application

Earn more than 5,000 points / membership year

from purchasing healthy food, tracking your sleep, and achieving personal goal.



Eat Well

Purchase healthy food, such as fresh vegetables, fresh fruit and low-fat pasteurised milk at our partner stores and earn 1 Vitality point from every 5 baht spent before discount up to 400 Vitality points per month.

Sleep Well

Staying healthy especially with adequate sleep of 7-9 hours/day and you will earn 5 Vitality points per day, up to 1,830 points/membership year.

Achieving Personal Goal

--- **Personalized Challenges:** Accept and achieve recommended goals such as workout 10 min/day, 3 times/week for 90 days.

Earn up to 5,500 Vitality points per membership year

--- **Self-challenges** Accept the available challenges on AIA Vitality Application such as reducing sugar intake for 7 days. Member can accept the self-challenges and achieve them to **earn up to 500 Vitality points per membership year.**

Remark:

- AIA Vitality Terms and Conditions Apply. Customer can visit AIA+ application or <https://campaigns.aia.co.th/vitality/en/rewards> for more information
- AIA reserves the right to change partner benefits at any time with notice of changes at least 30 days in advance
- Please see details on how to earn AIA Vitality points on page 20

USE AIA+ APPLICATION TO EARN POINTS



Start earning AIA Vitality points by downloading AIA+ application

STEP

1. Open AIA+ mobile application
2. Key in user id and password or click create account if you log in for the first time.
3. Read and click agree upon AIA Vitality Terms and Conditions
4. After log in, you'll see 4 onboarding cards which will introduce you some features of the app.

If you have your AIA iService User ID and password, you may log in AIA+ mobile application using this same set of User ID and password.

In case you forget your user id and password, please contact our call center at 1581.

Application's functions



Frequently Asked Questions

1. How many types of AIA Vitality membership are there?

✓ *There are 2 types of AIA Vitality membership which are AIA Vitality and AIA Vitality Plus.*

2. What benefits would AIA Vitality members get?

✓ *AIA Vitality Plus members will get more program benefits as described below.*

1. Active rewards Benefit

1.1 *Members who achieve the bi-weekly Active Challenge will earn a Vitality Active Reward with minimum valued of 50 THB per round.*

1.2 *Members can receive up to 26 rounds of Active Rewards per membership year*

2. More exclusive partner rewards & benefits

2.1 *Status-based cashback from monthly membership fee at AIA Vitality fitness partners*

2.2 *Status-based cashback from your hotel stay of your vacation*

2.3 *See other benefits*

>> <https://campaigns.aia.co.th/vitality/en/rewards>

3. How much do I have to pay for AIA Vitality membership?

✓ *AIA Vitality (regular) – Free*

AIA Vitality Plus – 1,400 Baht premium per membership year

Frequently Asked Questions

4. How can I join AIA Vitality Plus?

- ✓ *Become an AIA Vitality Plus member by simply upgrading via the AIA+ application and pay the annual premium of 1,400 Baht. In case of joining AIA Vitality Plus during the membership year, you will be requested to pay only the premium for this remaining membership year and pay full amount for the renewal year.*

5. How can I cancel my AIA Vitality Plus membership?

- ✓ *You can discontinue your AIA Vitality Plus membership in the next membership anniversary year by not paying the AIA Vitality Plus renewal premium. If you do not renew your AIA Vitality Plus membership, the membership plan will change to AIA Vitality. You can continue enjoying the insurance premium discount; however other benefits will change to AIA Vitality. If your membership is terminated from the program before the end of the membership year, your program benefits will cease and the AIA Vitality Plus premium cannot be refunded.*

6. Termination of AIA Vitality Membership

- ✓ *The AIA Vitality Membership will be terminated when member has no valid AIA Vitality Integrated Insurance.*

7. AIA Vitality Plus Benefits

- ✓ *AIA reserves the right to change partner benefits at any time with notice of changes at least 30 days in advance via AIA+ application or <https://campaigns.aia.co.th/vitality/en/rewards>*

8. For more information

- ✓ *Please find more details via <https://campaigns.aia.co.th/vitality/en> or AIA Call Center 1581*

Remark:

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- AIA reserves the right to change partner benefits at any time with notice of changes at least 30 days in advance

Frequently Asked Questions

9. What is the differences between AIA Vitality and AIA Vitality Plus? (1/2)

PROGRAM BENEFITS ¹	AIA VITALITY	AIA VITALITY PLUS
Insurance Premium Discount for integrated products	✓	✓
Receive Status-based Cashback up to 30% from monthly gym membership fee	X	✓
Special Upfront Discount from Gym Partners and Free Fitness Explorer Test	✓	✓
THB 100 discount when Join AIA Vitality Virtual Run	X	✓
Active Rewards Achieve biweekly goal and get minimum of THB 50 reward/round. Total 26 rounds per membership year.	X	✓
Platinum Reward Receive a TrueMoney 800 baht top-up code for achieving Platinum status? ²	X	✓
Up to 25% discount on Medklinn Air purifier	✓	✓
Up to 30% discount on Fitbit and Garmin Devices	✓	✓
Up to 15% discount on Suunto Devices	✓	✓

Remark:

- AIA Vitality Terms and Conditions Apply. Customer can visit AIA+ application or <https://campaigns.aia.co.th/vitality/en/rewards> for more information
 - AIA reserves the right to change partner benefits at any time with notice of changes at least 30 days in advance
- AIA Vitality Plus members will receive the TrueMoney code as a cashback reward on day 60 after the membership anniversary date. The AIA Vitality Plus membership must be effective on the date of receiving the cashback.
- Earn 1 Vitality point from every 5 Baht spent before discount on participating products. The maximum Vitality points you can earn per month is 400 Vitality points. You can earn up to 4,800 Vitality points per membership year. Vitality points may take up to 3 working days to show on your Points Statement after the transaction date.
- Prices exclude Out-Patient Other Medical Charge and Consultation Fee.
- Eligibility to use the personal medical case management service benefit (Medix) shall be in accordance with the conditions set out by Medix. Medix is an independent non-affiliated third-party company of AIA Group. AIA does not manage Medix and shall not be responsible or liable for any services, products, or solicitation efforts made by Medix.

Frequently Asked Questions

9. What is the differences between AIA Vitality and AIA Vitality Plus? (2/2)

PROGRAM BENEFITS ¹	AIA VITALITY	AIA VITALITY PLUS
Up to 25% discount on selected products and Healthy Gears at Supersports Online	✓	✓
15% discount on Healthy Foods at Tops and Central Food Hall ³	✓	✓
Status-based cashback for Wellness Receipt including health check, advance Health check, eye examinations, nutritionist consultation, sleep test and vaccination (Bronze 200 THB, Silver 300 THB, Gold 400 THB, Platinum 600 THB per time. 2 times/membership year)	X	✓
Free Health Check for BMI, blood pressure and random glucose at participating Boots stores and receive THB 50 Boots e-voucher.	✓	✓
Special Health Check Discount from 70 Hospital Nationwide ⁴	✓	✓
20% discount on lens, frames and sunglasses & Free Vision Screening at Better Vision	✓	✓
Status-based discount on accommodation up to 25%	X	✓
Members holding AIA Vitality integrated policy with Gold or Platinum status access to Personal Medical Case Management ⁵	✓	✓

Remark:

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- AIA reserves the right to change partner benefits at any time with notice of changes at least 30 days in advance
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AIA Vitality^{Plus}



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Important Note: The English version is unofficial translation of the original Thai version for reference only and has no legal binding as the protective control.

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